



KP SURGICAL

26 Park Road, Hale, Altrincham WA15 9NN  
0161 359 8889 | [kpsurgical.co.uk](http://kpsurgical.co.uk)

Part of KP AESTHETICS 



## The Surgeon

DR MARK GORMAN  
FRCSplast | MBChB | MD MEd | MSc | PGc

Mark is a consultant plastic surgeon, department lead at Salford Royal (facial plastics). He is medical director at KP Surgical, faculty for BAAPS teaching, a key opinion leader for UK aesthetics companies and runs his own aesthetic training company.



## The Team

The KP Surgical team culture is open, caring and dedicated. The teams goal is to ensure the best possible results and exceptional care to our patients.



KP SURGICAL

PART OF KPA

## Welcome to KPS

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### Overview

A Face Lift, clinically known as Rhytidectomy, is a sophisticated cosmetic surgical procedure that rejuvenates the facial appearance by mitigating visible signs of ageing such as sagging, wrinkles, and loss of skin elasticity.

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### 06 Final result

Once you have recovered from the surgery, we will stay in touch with you to review your final result.

### 05 Aftercare & recovery

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### 04 Surgery

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### 02 Virtual consultation

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### 03 Physical consultation

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## At a glance

- Surgery: 4 hours
- Time off work: 3 weeks
- Before you drive: 2 weeks
- Return to gym: 6 weeks
- Lift a small child: 4 weeks
- Final results: 3-6 months

PLEASE NOTE: While some results may be visible sooner, final results often take a few months for swelling to fully subside.

Finance is available for treatments.

“ Dr.Gorman has been so attentive and re-assuring throughout my whole experience, I was nervous about having it done as it is a serious thing to consider. But it really has taken years off. I am very happy with the results and will be booking in for further surgery with Mark next year. ”



Before

After





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Abdominoplasty, a "tummy tuck," is a specialised surgical procedure focusing on the abdominal region. Its primary objective is to remove excess skin and adipose tissue while simultaneously tightening the underlying abdominal muscles.

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## Exceptional Client Care

£5,000  
Prices from

## At a glance



Surgery: 1-5 hours



Time off work: 3 weeks



Before you drive: 3 weeks



Return to gym: 6-8 weeks



Lift a small child: 6 weeks



Final results: 3 months

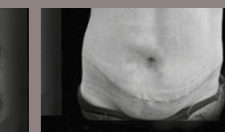
PLEASE NOTE: Final results may take time as swelling resolves, and tissues settle.

## Finance is available for treatments.

“ I recently had a mini tummy tuck and cyst removal with Dr. Mark Gorman. From the beginning, Dr. Gorman and his teams clear communication and caring approach made me feel at ease. The facilities were top-notch, creating a comfortable and professional environment. The aftercare provided is excellent, ensuring a smooth recovery process. I highly recommend Dr. Gorman for anyone considering cosmetic surgery. Thank you, Dr. Gorman, for your expertise and exceptional care! ”



Before



After





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### Overview

Blepharoplasty surgery, commonly known as eyelid surgery. This surgical intervention involves the removal of excess skin, fat, and muscle from the upper and lower eyelids to enhance their appearance and alleviate certain vision-related issues. A versatile procedure that can help rejuvenate the eyes, reduce the signs of aging,

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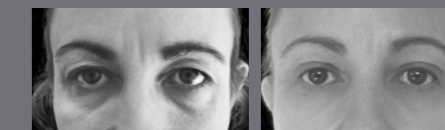
### At a glance

- Surgery: 2 hours
- Time off work: 7 days
- Before you drive: 7 days
- Return to gym: 4 weeks
- Lift a small child: 7 days
- Final results: 3-6 months

PLEASE NOTE: While some results may be visible sooner, final results often take a few months for swelling to fully subside.

Finance is available for treatments.

“It was a privilege to be so well treated and cared for by a dedicated team of professionals headed by Dr. Mark Gorman. Having previously been his patient non-surgically, I knew I could expect the most skilled and sensitive care for my eyelid surgery in this impressive surgical unit.”



Before

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### Overview

Gynecomastia is a clinical condition characterised by the benign enlargement of breast tissue in male. A variety of factors such as hormonal imbalances, certain medications, and lifestyle choices like diet and lack of exercise, can contribute to the development of gynecomastia.

Gynecomastia surgery typically combines excision and liposuction. These techniques aim to remove excess glandular tissue and fat, thereby restoring a more masculine chest contour.

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Exceptional Client Care  
£3,500  
Prices from

### At a glance

- Surgery: 90 mins
- Time off work: 10 days
- Before you drive: 7 days
- Return to gym: 3 weeks
- Lift a small child: 3 weeks
- Final results: 3-6 months

PLEASE NOTE: Final results may take time as swelling resolves, and tissues settle.

Finance is available for treatments.

“I wasn’t sure about having the surgery when I first came for my consultation, but after things are explained clearly by Dr. Gorman I decided to go ahead. The results are better than I expected and feel more much more confident than I did beforehand. Mark and the team are very transparent and dedicated I would recommend them.”



Before

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### Overview

Labiaplasty, referred to as labial reduction or vaginal lip reduction, these are the "lips" that frame the vaginal opening. Various factors such as ageing, childbirth, hormonal changes, and genetics can contribute to changes in the labia's appearance, leading to elongated or asymmetrical labia.

A Labiaplasty addresses these functional and aesthetic challenges by carefully reshaping or resizing the labia to achieve a more balanced and harmonious appearance.

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Exceptional Client Care  
£2,950  
Prices from

### At a glance

-  Surgery: 90 minutes
-  Time off work: 7 days
-  Before you drive: 3 weeks
-  Return to gym: 6 weeks
-  Lift a small child: 4 weeks
-  Final results: 3 months

PLEASE NOTE: Final results may take time as swelling resolves, and tissues settle.

### Finance is available for treatments.

“It’s something that has bothered me for a long time and didn’t know it was solvable or necessary to be honest. Looking back I should have done it sooner but very glad I have now, just looks and feels more like me.”





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### Overview

Breast surgery can refer a number of procedures that address size, shape, position and contour of the breasts. At KP Surgical we perform:  
Breast Augmentations  
Breast Uplifts  
Breast Reductions  
Breast Re-augmentations  
Breast Implant Removal  
... and various combinations of the above as required.

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### At a glance

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- Time off work: 10 days
- Before you drive: 2 weeks
- Return to gym: 6 weeks
- Lift a small child: 6 weeks
- Final results: 3 months

PLEASE NOTE: While some results may be visible sooner, final results often take a few months for swelling to fully subside and implants settle into their final position.

Finance is available for treatments.

“I was made to feel at ease as soon as I arrived. The team are lovely and the consultation was very informative. Mark Gorman explained everything in fine detail, about the procedure, and gave me the confidence I needed, to go ahead with the surgery.”



Before

After





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### Overview

Liposuction is surgical intervention specifically designed to remove localised fat deposits that have proven resistant to traditional weight loss methods like diet and exercise. While it's crucial to understand that liposuction is not a substitute for a healthy lifestyle or a solution for weight loss, it serves as an effective body contouring method.

The procedure is versatile, targeting a variety of areas such as the abdomen, thighs, flanks, arms, and even the neck.

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### At a glance

 Surgery: 4 hours

 Time off work: 3 weeks

 Before you drive: 3 weeks

 Return to gym: 3 weeks

 Lift a small child: 3 weeks

 Final results: 6-12 months

PLEASE NOTE: Final results may take time as swelling resolves, and tissues settle.

### Finance is available for treatments.

“ Mark possesses a lot of charm alongside having very caring demeanor that eased my concerns from the outset. Even after consulting with multiple renowned surgeons, I felt a real sense of confidence in Mark's abilities. It was clear too that his pursuit of good results motivates him, and he would not settle for anything less than a good outcome for me. This all just made me feel I was going to be very well looked after, which I absolutely was. I recommend Dr. Gorman and his exceptional team with complete confidence.”

  
Exceptional  
Client Care  
£2,500  
Prices from